

CAMPING DURING A PANDEMIC



In the context of COVID-19, **everyone is responsible** for practicing the safety/prevention measures and behaviours. Campground operators have implemented operating procedures in order to ensure that people follow the Public Health recommendations designed to prevent the spread of the virus. As a **camper**, you have an important role to play in achieving this objective.

You have been given this document so you can learn the measures you must comply with as a camper, whether you're a **seasonal or short-term visitor**. You may be given more information upon your arrival, for example, concerning the campground's regulations which had to be adapted in the context of COVID-19. It is **important** that you share this information with **every** person included in your reservation, young and old alike.

The campground staff encourages you to help them in their efforts to ensure safe and respectful cohabitation for everyone on the campground.



Before you arrive, be well informed and well equipped!

- In view of government guidelines, some services or activities may not be accessible for part of or the whole season. To avoid disappointments, keep informed by consulting the campground's website or by contacting the campground directly.
- Check with the campground to see if your **reservation** is still valid and make your payment over the telephone, if possible.
- Plan to have a sufficient supply of **soap and alcohol-based hand sanitizer**.
- Bring cleaning and disinfecting supplies, such as **disinfecting wipes**, to use on frequently touched surfaces.
- Bring in sufficient quantity and wear **face coverings**.
- Bring a tablecloth for your picnic table.
- Bring your own sports equipment, if possible.

If you are showing signs of COVID-19, do not attend the campground.

Contact Public Health at 1-877-644-4545 and follow their instructions, particularly concerning their quarantine measures.



When you arrive, be civic-minded, patient and courteous!

- Follow the rules and obey the **signs** and markers designed to ensure physical distancing of two meters between each person.
- Report to the welcome station **alone**. Your companions must wait for you outside or better yet, remain in the vehicle.
- **Disinfect** your hands using the sinks or alcohol-based hand sanitizer provided by the campground.
- Be prepared to wear a **face covering** at the welcome station.
- If you must make your payment on site, **pay by card**.

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During your stay, comply with the hygiene and social-distancing measures and regulations in place

Basic hygiene rules



- Obey the **distancing** rule of two meters between each person.
- **Wash** your hands frequently in warm soapy water for at least 20 seconds.
- Avoid shaking hands.
- Cover your mouth and nose with your elbow or a tissue when you cough or sneeze.
- Avoid touching your face with unwashed hands.
- Dispose of your tissues in the garbage.
- People 12 years of age or older must wear the face covering:
 - in all interior common spaces;
 - outside when unable to

Sanitary facilities



- As much as possible, use your own sanitary facilities.
- If sanitary blocks are accessible, help the campground staff keep them clean.
- If the laundromat is accessible, carry your dirty laundry in a waterproof bag.
- Obey the guidelines and signs.
- If necessary, keep disinfecting wipes on hand and discard used wipes in the garbage cans and not the toilets.

Maintain your equipment



As the coronavirus (COVID-19) can survive on objects and surfaces from a few hours to a few days, we recommend that you be extra vigilant.

- Frequently touched surfaces and objects are more susceptible to contamination. They must be **cleaned and disinfected** at least twice per day or as frequently as possible.
- Commonly used cleaners and disinfectants are effective against COVID-19.

Pets



There is no current evidence showing that pets play a role in spreading the coronavirus. However, it is recommended to avoid contact with other people's pets and to limit contact between pets from different households. Pets must be kept on a leash at all times.

Gatherings



Outdoor and indoor gatherings on your campsite must be limited to a maximum of 10 people, ideally from a maximum of 3 households. A minimum distance of 2 meters must be maintained between people who do not come from the same household. Wearing a face cover is necessary when it is not possible to maintain a distance of 2 meters between people.

If during your stay, you develop symptoms of COVID-19:

- *Self-isolate in your recreational equipment and wear a mask.*
- *Notify the campground operator.*
- *Contact the COVID-19 information line at 1-877-644-4545 and follow their instructions, particularly regarding your departure from the campground and your return home.*



After your stay

If, in the days following your return, you develop symptoms of COVID-19 and believe you contracted it during your stay at the campground:

- *Notify the campground operator.*
- *Contact the COVID-19 information line at 1-877-644-4545 and follow their instructions.*

This document was produced by Camping Québec in May 2020 and updated in July 2020. For more information on Québec campgrounds, visit www.campingquebec.com.